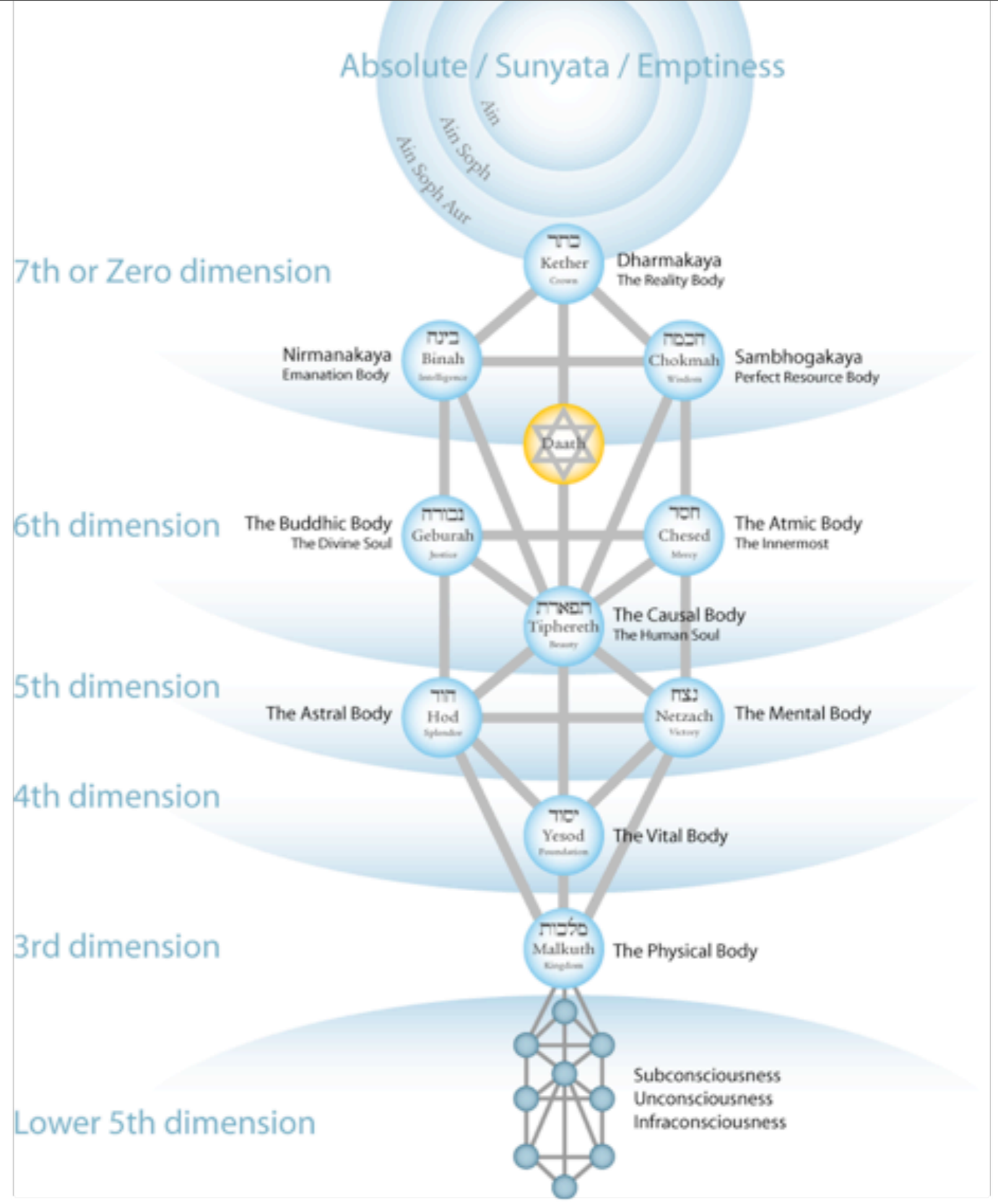




SAMSARA AND NIRVANA

There are
two truths.

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“Those who do not understand emptiness will fail to achieve liberation. Thus, ignorant beings wander helplessly in the prison of the six cyclic existences.”

- Nagarjuna

samsara: “to flow on”; cyclic existence

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nirvana: “cessation”; bliss, freedom

"Samsara is your mind's
deluded form."

- Padmasambhava, *Descending with the View from Above*

"Samsara, 'circling,' is to spin from one place to another. Nirvana is to have cut through this circling."

- Padmasambhava, *The Cycle of Vital Points*



Nidāna: cause, foundation,
source or origin





Ignorance

Sanskrit: avidya

Tibetan: marigpa

Greek: ἀγνοσία

“Ignorance gives rise to external form. Purged of ignorance, samsara becomes nirvana.”

- Hevajra-tantra

“There is no ease within samsara’s realms; ease is found in the awakened state.

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